



Born for Love: Why Empathy is Essential--and Endangered

By Bruce D. Perry, Maia Szalavitz

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, Born for Love: Why Empathy is Essential--and Endangered, Bruce D. Perry, Maia Szalavitz, From birth, when babies' fingers instinctively cling to those of adults, their bodies and brains seek an intimate connection, a bond made possible by empathy--the ability to love and to share the feelings of others. In this provocative book, renowned child psychiatrist Bruce D. Perry and award-winning science journalist Maia Szalavitz interweave research and stories from Perry's practice with cutting-edge scientific studies and historical examples to explain how empathy develops, why it is essential for our development into healthy adults, and how it is threatened in the modern world. Perry and Szalavitz show that compassion underlies the qualities that make society work-- trust, altruism, collaboration, love, charity--and how difficulties related to empathy are key factors in social problems such as war, crime, racism, and mental illness. Even physical health, from infectious diseases to heart attacks, is deeply affected by our human connections to one another. As Born for Love reveals, recent changes in technology, child-rearing practices, education, and lifestyles are starting to rob children of necessary human contact and deep relationships--the essential foundation for empathy and a caring,...



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This book is fantastic. It really is packed with wisdom and knowledge I am pleased to explain how this is the greatest ebook i actually have go through in my personal daily life and can be he greatest ebook for at any time.

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